

A brown leather baseball glove is hanging on a wooden wall. The glove is positioned on the left side of the image, with its fingers pointing downwards. The wall is made of light-colored wood planks. The background is slightly blurred, showing a green structure, possibly a building or a fence.

# Cranbury-Plainsboro Little League

## Managers and Coaches Meeting

**March 19, 2010**

**Wyndham Princeton Forrestal Hotel  
and Conference Center**

[www.cpll.org](http://www.cpll.org)

# Agenda

1. Overview of CPLL
2. Volunteer Program and Fundraising
3. Everything Managers need to know
  - Coach Certification
  - Safety- First Aid & Injury
  - Uniforms
  - Equipment List
  - Equipment Distribution
  - Field Use
  - Game Cancellation
  - Important Dates and Events
  - Important Game Rules
  - Pre-Season Parent Meeting
4. Umpires
5. Division Break out Sessions



# Cranbury-Plainsboro Little League Mission

Through proper guidance and exemplary leadership, the Little League program assists youth in developing the qualities of citizenship, discipline, teamwork, and physical well-being.

By espousing the virtues of *character*, *courage* and *loyalty*, the Little League Baseball and Softball program is designed to develop superior citizens rather than superior athletes.



## 2010 CPLL League Structure

- 400 Players - 39 Teams
  - Baseball – 31
  - Softball – 8
- 300 Families
- 18 Board Members
- 40+ Umpires



[www.cpll.org](http://www.cpll.org)



# CPLL Board of Directors Executive Committee

President	Jeffrey Frain
Vice President	Jeff Shanaberger
Treasurer	Ed Apuzzi
Secretary	Rob McMahon
Player Agent	Dan Cabo



## CPLL Board of Directors League VP's

VP Majors/AAA	Bob Bruno
VP AA/A	Tim Lockwood
VP Rookie/T-ball	Paul Rougas
VP Softball	Mark Britt



## CPLL Board of Directors

Safety Officer	Bill Brossman
VP Operations	Ray Cella
VP Grounds	Herb Garron
VP Equipment	Jon Gross
Information Officer	Larry Crossey
Fundraising/Sponsors Officer	Ed Doherty
Umpire Officer	Bill Argiriou
Parent Auxiliary Officer	Mike Marciano
Concession Stand Officer	Andrea Rona



# CPLL Initiatives

1. Continued commitment to ideals of Positive Coaching Alliance
  - Double Goal Coach
  - Second Goal Parent
  - Double Goal Coach: Culture, Practices and Games
2. Increase Player Clinic Opportunities
3. Developed Coach Training Program
4. Grounds Improvements
  - Cranbury Village Park
    - New Fencing, New Mound for C1
    - New Shed for C2, Millstone
  - Plainsboro Community Park
    - PC2 – new grading and drainage system
    - PC3 – Sprinkler System installed
5. Inter-League Play



[www.cpll.org](http://www.cpll.org)



# League Communications

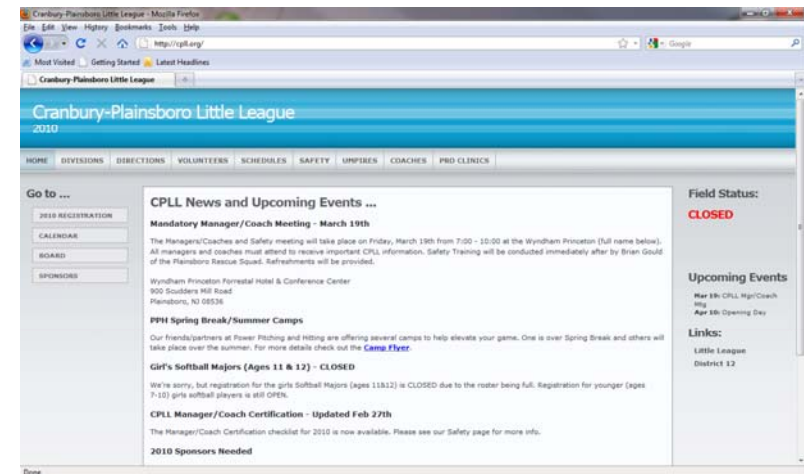
## E-mail Blasts

- General Information
- Game Cancellations
- Important League News



## cpll.org Website

- All Forms
- All Events
- Divisional Rules and Schedules
- Clinic Registrations
- Evaluations – Umpire, Manager
- Field Locations and directions
- FAQ's



Division VP's – 1<sup>st</sup> point of contact

[www.cpll.org](http://www.cpll.org)



# Volunteer Program

- Managers and their families are exempt from the volunteer program. Coaches, Team Parents, etc. are not.
- Each manager should select a Volunteer Coordinator
- Volunteer duty for each Team will be scheduled by Mike Marciano and managers will be advised in advance
- Each team will be given as many different times as possible as well as the number of volunteers needed for each time.
- New families will be paired with experienced families.
- The volunteer names must be sent to Mike Marciano ([volunteers@cpll.org](mailto:volunteers@cpll.org)) two weeks in advance.
- If your team's day to volunteer is cancelled, the names will go back to the end of the volunteer list. They may be contacted in the future if needed.

[www.cpll.org](http://www.cpll.org)



# Fund Raising: Why we do it and How

**Why?** Registration does not cover the entire cost

## **The cost of running the league:**

- Uniforms
- Equipment
- Field Prep Supplies
- Clinics
- First Aid Supplies
- Trophies
- Picnic Day Festivities
- Tournaments
- All Star Teams
- Umpires

## **Capital Expenses:**

- Dugouts
- Batting Cages
- Sheds

## **How?**

Team Sponsors: 39 teams / \$325 each

Field Banners: \$400 new / \$200 thereafter

Concession Stand: Largest source of non-registration revenue

Annual Golf Outing:

Trenton Thunder Game:



[www.cpll.org](http://www.cpll.org)



# Everything Managers Need to know

- Coach/Manager Certification
- Safety
- Uniforms
- Equipment List
- Equipment Distribution
- Field Use
- Game Cancellation
- Important Dates & Events
- Important Game Rules
- Pre-Season Team Meeting



J. PERAZO GETTY IMAGES





# 2010 Coach/Manager Certification

**All Coaches and Managers must** be certified by the League Safety Officer, Bill  
Brossman

- 1. Complete the Little League Volunteer Application – 2010** and provide a copy of valid drivers license
- 2. Complete or renew First Aid Training.** One coach or manager from each team must attend First Aid Training each year and all managers and coaches must re-attend every 3 years
- 3. Complete Coach Fundamentals Training.** One coach or manager from each team must attend Coaching Fundamentals training each year
- 4. Complete PCA “Double Goal” coaching training.** Only required for those managers and coaches who have not already participate din this training.
- 5. CPLL to complete background check.**

[www.cpll.org](http://www.cpll.org)



## Safety – First Aid and Injury

*First Aid kits* are provided with team equipment and must be brought to each game

- Additional First Aid kits are stored in the equipment sheds at CPLL fields

Ice (for injuries) must be available at each game and practice.

Always have a cell phone available. Please program in the Cranbury (609 395-0031) & Plainsboro (609 799-2333) Police phone numbers.

A Safety Manual explaining what to do in case of injury will be distributed prior to the season.

- ★ Any injury or accident requiring First Aid or evaluation/treatment must be reported to Bill Brossman, Safety Officer, within 48-72 hours.  
(see Safety Manual for details)



[www.cpll.org](http://www.cpll.org)



# Uniforms



- CPLL will provide
  - Caps, Shirts, and Socks for each player
  - Caps and Shirts for coaches
- Parents are responsible for:
  - Baseball pants
  - Cleated shoes - Rubber or plastic cleats only, no metal spikes. Soccer shoes are fine
- Athletic Cup required for all male Baseball catchers



[www.cpll.org](http://www.cpll.org)



# Equipment List

- Game and bucket of practice balls
  - Dick's Coaches Kits contain three dozen practice balls
  - T-Ball (RIF-1) Rookie (RIF-5) - please turn in when picking up equipment
- Batting helmets (cages) and Bats (Rule 1.10)
  - For 2010: Non-wood bats shall be printed with a BPF of 1.15 or less
- Catcher's gear (except T-Ball)
  - Helmet and mask
  - Glove, chest protector, knee guards (Knee Savers)
- Batting T
  - Extra T's and Hitting Stix in sheds – PC1, PC3, C1, C4, and Morris Davison
  - Softball Stix in PC1 and P1
- Tally counter (Baseball: A Division and up)
- Shed Key (PC1, PC4, Morris Davison)
- First Aid kit

**Jon Gross**  
**655-4304**



[www.cpll.org](http://www.cpll.org)



# Equipment Distribution Schedule

*Location:* Cranbury Township Barn

Saturday, March 27, 2010:

8:00 – 9:00 am	Softball
9:00 – 10:00 am	T-Ball and Rookie
10:00 am – Noon	AA, AAA and Majors

Notes:

*Baseball:* Managers from Rookie and T-Ball need to bring the bucket of practice baseballs that they receive from Dicks with them when they pick up their team's equipment to exchange for the RIF-5 and RIF-1 practice balls.

*Softball:* If the softballs from Dicks are 12 inch softballs then the Softball Minor and Rookie managers will need to bring their buckets to exchange for 11 inch softballs.

Equipment to be returned Picnic Day

Saturday, June 12, 2010

[www.cpll.org](http://www.cpll.org)



## Field Use

Plainsboro Township to release fields by April 1.  
Cranbury Township could release sooner.

- You will be notified by email
- No team practices on fields until they are released.
- Practice schedules have been distributed.

Fields will be out of service due to pesticide spraying by the Township for one day in April. The scheduled date is still to be determined.

PC1 will be a game field only. No practices will be held on PC1

[www.cpll.org](http://www.cpll.org)



# Game Cancellations

## Rainouts

- The Public Works departments are responsible for the fields. We work in cooperation with them to determine field closings.
- Do not cancel games on your own.
- Please check CPLL.org or your e-mail for rainout notifications
- For games in progress, only Umpires will make the call to cancel a game due to inclement weather conditions.
- Reasons to cancel a game in progress include excessive rain and/or lightning strikes. Players are not allowed on the field for 30 minutes following lightning or thunder.

[www.cpll.org](http://www.cpll.org)

Updated by:                   - 4:30 p.m. weekdays  
                                      - 8:00 a.m. on weekends

[www.cpll.org](http://www.cpll.org)





## Important Dates/Events

April 10 <sup>th</sup> Saturday	Opening Day Parade: 9:30 am Plainsboro Community Park
April 17 <sup>th</sup> Saturday	Picture Day Millstone River Elementary School
May 2 <sup>nd</sup> Sunday	Plainsboro Founders Day
May 3 <sup>rd</sup> Monday	Golf Outing Mercer Oaks GC
May 8 <sup>th</sup> Saturday	Trenton Thunder Day 7:05pm
June 12 <sup>th</sup> Saturday	Picnic Day Plainsboro Community Park
July 18 - 25 <sup>th</sup>	CPLL is hosting the 11 Year Old Baseball Finals

[www.cpll.org](http://www.cpll.org)



## Important Game Rules

- Pitchers warming up in foul territory must have a spotter and catcher with full equipment
- All Male Catchers must wear cups
- No head-first slides
- No on-deck circle
- Only the batter can have a bat in his/her hand
- Adhere to appropriate pitching rules
- Home team supplies two game balls to start
- Managers are responsible for keeping their fans and players on their best behavior
- Regular season games do not count

[www.cpll.org](http://www.cpll.org)



# Pre-Season Team Meeting

1. Meet/Greet Parents
2. Review Rules
3. Review Game and Practice Schedule
4. Set Expectations
  - What you want to accomplish this year
  - Playing Time and Positions
  - How you will communicate
  - How rain outs will be handled
  - How volunteer obligations will be handled
5. Get Parent Volunteer Coordinator
6. Get Publicity Parent

[www.cpll.org](http://www.cpll.org)



# Umpires



Umpire is responsible for the conduct of the game (9.01a)

Umpires are trained to:

- Be aware of Divisional Rules
- Make calls loud and clear, signaling each properly
- Be in position to make the call
- Keep game moving — one minute or eight pitches to warm up the pitcher between innings or in case of mid-inning replacement

Verbal abuse and intimidating behavior towards umpires is prohibited - subject to disciplinary action by board (9.05c)

- Do not question judgment calls: ball, strike, out, safe, fair, foul
- You may request a time out to discuss clarification of the rules

Please feel free to complete the Umpire Evaluation after each game. The questionnaire can be found online on the League website.

Please contact Bill Argiriou with any questions:

[argiriou51@verizon.net](mailto:argiriou51@verizon.net)



[www.cpll.org](http://www.cpll.org)



# Umpire & Manager Guidelines

## Before the Game

- Umpires: Inspect playing field for unsafe conditions
- Managers: Inspect equipment for damage and to meet regulations - Bats now must have BPF of 1.15 or less. Be sure players are in uniform (shirts in, hats on). No Jewelry.
- Home Team prepares field

## Meeting at Home Plate

- Introductions and Review of any local playing rules
- Discuss proper conduct by the players, parents and managers
- Umpire responsible for calling the game due to weather or darkness

## During the Game

- Managers should help speed play by having catchers and players on the bench prepared and ready to take the field with two outs.

## After the Game

- Make sure you sign the umpire's honorarium slip after the game
- Home team rakes the field



## Divisional Breakouts

- Stuff for Manager
  - Permission to treat forms
  - Team Rosters
  - Divisional Rules
  - Pitch Count Rules
  - Rule Books
  - Manager Code of Conduct
- Stuff for Parents
  - Opening Day Information
  - Picture Day Information
  - Volunteer Information
  - Parent Code of Conduct
  - Player Code of Conduct
  - Dick's Coupons



Thanks for your  
time...

Let's Have A Great Year

**Cranbury Plainsboro Little League**  
**2010 Managers and Coaches Meeting**

[www.cpll.org](http://www.cpll.org)